The Trauma Show – Pre show Information

This information is to help you decide if The Trauma Show is for you. Content notes, including what happens in the show, are further in the document.

The Space

* The performance is still being made so we don’t know for sure what the space will be like.
* There will be a stage space and a space for the audience to sit. There might be a trampoline.

The Performers

The performer is Demi Nandhra. There might be one other performer. We will update this information when we know more.

Lighting and Sound

* There will be no sudden loud music or sounds
* There will likely be music underneath the talking in the show
* There may be flashing moving lights
* There will not be any moments of complete darkness

Participation

* Demi will talk directly to the audience
* There may be audience participation. You might be asked to read from a piece of paper or press a button. You can also say no

Content Notes

The Trauma show will have themes of childhood trauma, addiction and abuse. We’ll update this information when we know more.

Access Information

* The performance is 60 minutes long
* There is no interval
* There is a BSL interpreted performance on 28 April. The BSL interpreter is Sandy Deo
* The performance space has step-free access via a lift
* All performances are Relaxed this means you can move or make noise if you need to and can go in and out of the performance space
* All performances are dry performances. Alcoholic drinks will not be allowed in the performance space
* Latecomers will be permitted
* Ear defenders and fidget toys are available for anyone who might find these useful
* The theatre will stay open after the performance in case you need to take a moment to think or talk about the performance
* There is an accessible toilet on every floor of the building
* There is a chill out space outside the performance space that is available anytime the building is open