**‘Standards’- Pre event Information**

This information is to help you decide if **Standards** is for you.

**About the event**

This event is part conversation, part performance around the theme of ‘the conditions for happiness’.

* The event will start at 7pm
* You can bring a drink from the downstairs bar into the space
* Seating is unallocated
* The audience will be welcomed by the Host Amaarah
* There will be conversation with the audience, hosted by Amaarah, around the theme of ‘the conditions for happiness’. Being part of conversation is optional
* There will be short performances by spoken word, music, dance artists, also responding to the theme of ‘the conditions for happiness’.
* There will be a photographer and a videographer recording the artists.
* If you don’t want to be photographed or filmed, please let the Hosts know.
* There will be a 15 minute interval at approximately 8pm.
* You are welcome to leave the space and come back in at any point during the event or interval.

**Participation**

* The event includes conversation with the audience. Audience are expected to be respectful.
* We have a zero tolerance approach to discrimination or violence
* Audience members are encouraged to show support to performing artists through clicking fingers, clapping or waving hands, cheering, or any other suitable form of verbal or physical appreciation to the artists unless the artists request otherwise.
* Audiences are encouraged to support the artists in a respectable and encouraging manner, to uplift and praise the artists in person or via social media.

**Content Notes**

* We don’t know the content of the performances at the moment.
* We encourage audiences to take care of themselves, including by leaving the space. You are welcome to come back in at any time.

**Access Information**

* This show is for everyone above the age of 16 years old.
* All performances are relaxed this means you can move or make noise if you need to. You can go in and out of the space when you need to, to take breaks, use the restroom, or get refreshments.
* Latecomers will be let in at any time.
* The performance will be BSL interpreted. The interpreter is Debbie MacLeod.
* Ear defenders are available to borrow from the box office for anyone who might find these useful
* There is an accessible toilet on every floor of the building
* There is a chill out space outside the performance space that is available anytime the building is open.

**The Space**

* The Rec Room is located on the first floor of the building. An accessible lift is available.
* Seats will be put in rows, in an end on layout, with facing a small stage. Beanbags and soft seating will be available at the front. Standing is also allowed at the back of the space.

**Lighting and Sound**

* There will be no flashing lights in the performance
* The lighting will be dimmed, with fairy lights and a coloured spotlight on the performers
* There is no haze
* Music is relatively loud
* Ear defenders are available in the space at anytime
* We are not expecting there to be any sudden loud noises

**Photos/ Videos**

* There will be a photographer and videographer present. The photographers may take a few general event shots including the audience, but the priority is on the performers. The videographer will only capture the performances
* Anyone who wishes to not consent to photography or filming will be given the opportunity upon arrival.