**Capturing the Forest Workshops – Preshow Information**

This information is to help you decide if **Capturing the Forest** is for you. Content notes, including what happens in the exhibition, are further in the document.

**The Space**

* Capturing the Forest Workshop takes place amongst the Capturing the Forest exhibition.

**The Performers**

There are no performers in this installation.

**Lighting and Sound**

* The space will be dim and softly lit, with lights shining on the installations.
* Soft nature sounds will be played over the sound system.

**Participation**

This is a workshop, and participants are invited to participate how they wish. Each workshop is for up to 10 participants. Each workshop is open and contains the same invitations and actions led by Kristina each time.

**Access Information**

* There is an accessible toilet on every floor of the building.
* There is a chill out space outside the space that is available anytime the building is open.
* All events are Relaxed. This means you can move or make noise if you need to, and can go in and out of the space.
* Latecomers will be permitted.
* We hope to provide BSL Interpretation, but this is not yet confirmed

**Content Notes**

There will be nature smells from leaves and diffusers.